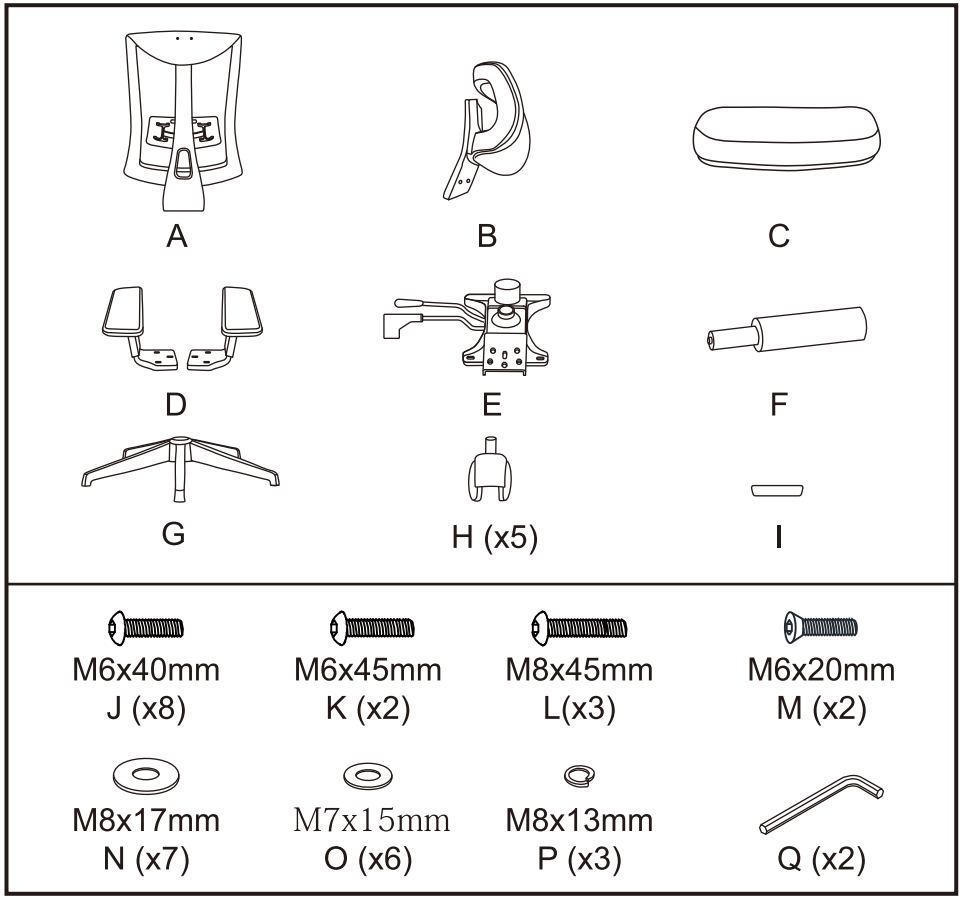
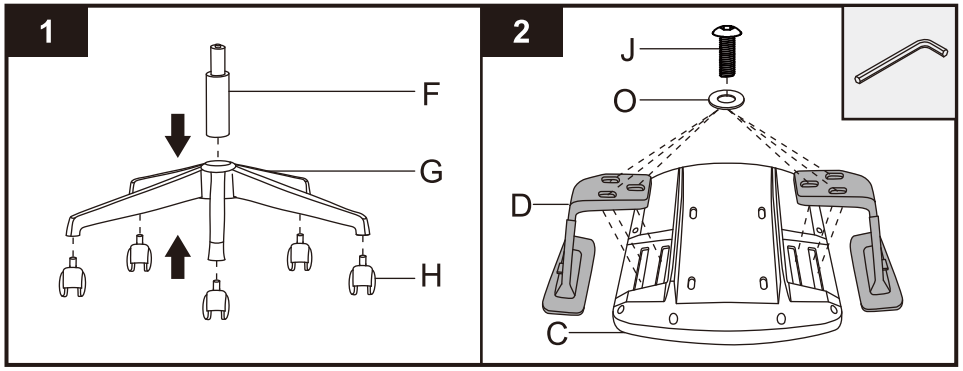
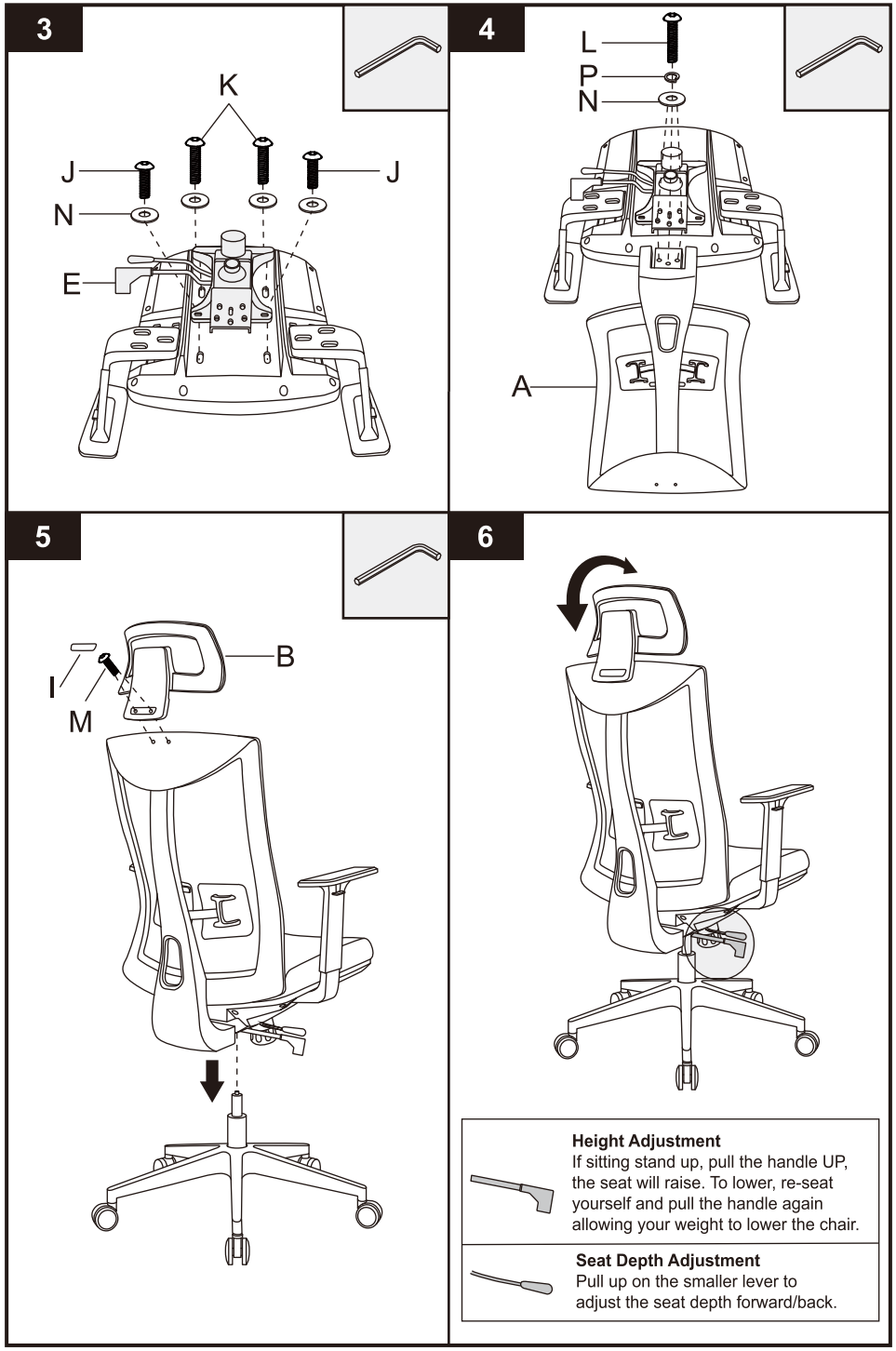
STABLEDESK

Instruction Manual

SD-105-NE







Height Adjustment
If sitting stand up, pull the handle UP, the seat will raise. To lower, re-seat yourself and pull the handle again allowing your weight to lower the chair.

Seat Depth Adjustment
Pull up on the smaller lever to adjust the seat depth forward/back.